

RED HOUSE HEALTH CLUB

OPENING HOURS 8:00 A.M. TO 8:00 P.M.

	8:00-8:45	8:45-9:30	9:30-10:15	10:15-11:00	11:00-11:45	11:45-12:30	12:30-13:15	13:15-14:00	14:00-15:45	15:45-16:30	16:30-17:15	17:15-18:00	18:00-18:45	18:45-19:30	19:30-19:55
MONDAY	Adult Swim	Adult Swim	Adults/Family/Children	Adults/Family/Children	Adults/Family/Children	Adult Swim	Adult Swim	Adult Swim	Adults/Family/Children	Adults/Family/Children	Adults/Family/Children	Adults/Family/Children	Adult Swim	Adult Swim	Adult Swim
Monday	One Lane	Bookable				One	Lane	Bookable					One	Lane	Bookable
TUESDAY	Adult Swim	Adult Swim	Adults/Family/Children	Adults/Family/Children	Adults/Family/Children	Adult Swim	Adult Swim	Adult Swim	Adults/Family/Children	Adults/Family/Children	Adults/Family/Children	Adults/Family/Children	Adult Swim	Adult Swim	Adult Swim
Tuesday	One Lane	Bookable				One	Lane	Bookable					One	Lane	Bookable
WEDNESDAY	Adult Swim	Adult Swim	Adults/Family/Children	Adults/Family/Children	Adults/Family/Children	Adult Swim	Adult Swim	Adult Swim	Adults/Family/Children	Adults/Family/Children	Adults/Family/Children	Adults/Family/Children	Adult Swim	Adult Swim	Adult Swim
Wed.	One Lane	Bookable				One	Lane	Bookable					One	Lane	Bookable
THURSDAY	Adult Swim	Adult Swim	Adults/Family/Children	Adults/Family/Children	Adults/Family/Children	Adult Swim	Adult Swim	Adult Swim	Adults/Family/Children	Adults/Family/Children	Adults/Family/Children	Adults/Family/Children	Adult Swim	Adult Swim	Adult Swim
Thurs	One Lane	Bookable				One	Lane	Bookable					One	Lane	Bookable
FRIDAY	Adult Swim	Adult Swim	Adults/Family/Children	Adults/Family/Children	Adults/Family/Children	Adult Swim	Adult Swim	Adult Swim	Adults/Family/Children	Adults/Family/Children	Adults/Family/Children	Adults/Family/Children	Adult Swim	Adult Swim	Adult Swim
Friday	One Lane	Bookable				One	Lane	Bookable					One	Lane	Bookable
SATURDAY	Adult Swim	Adult Swim	Adults/Family/Children	Adults/Family/Children	Adults/Family/Children	Adult Swim	Adult Swim	Adult Swim	Adults/Family/Children	Adults/Family/Children	Adults/Family/Children	Adults/Family/Children	Adult Swim	Adult Swim	Adult Swim
Sat.	One Lane	Bookable				One	Lane	Bookable					One	Lane	Bookable
SUNDAY	Adult Swim	Adult Swim	Adults/Family/Children	Adults/Family/Children	Adults/Family/Children	Adult Swim	Adult Swim	Adult Swim	Adults/Family/Children	Adults/Family/Children	Adults/Family/Children	Adults/Family/Children	Adult Swim	Adult Swim	Adult Swim
Sunday	One Lane	Bookable				One	Lane	Bookable					One	Lane	Bookable

Schedule subject to change. Blue: One Adult Lane Bookable Red: Adult Swim Only Yellow: Adults/Children/Families Allowed Grey: School Only