

# OUTDOOR ACTIVITIES on the NORTH YORK MOORS COAST

## **Barefoot Kayak**

**Contact:** Andy Monaghan

**Email:** [barefootkayak@gmail.com](mailto:barefootkayak@gmail.com)

**Website:** [www.barefootkayak.com](http://www.barefootkayak.com)

Stand Up Paddle boards and kayak hire available from Runswick Bay beach, available to the general public at an hourly rate.

This is your opportunity to try out Stand Up Paddle boarding or sea kayaking in the old fishing village of Runswick Bay, down on the beach you will experience this beautiful location out on the water. For the more adventurous why not hire some fishing equipment and catch your own mackerel or ask about the guided paddle and dine trips for groups.

Find Barefoot kayak down on the beach in the Summer months or email for booking details.

## **East Barnby Outdoor Learning Service**

East Barnby YO21 3SA

**Contact:** David Barker

**Email:** [david.barker@northyorks.gov.uk](mailto:david.barker@northyorks.gov.uk)

**Website:** [www.outdoored.co.uk](http://www.outdoored.co.uk)

Motivational learning in Inspirational Environments, activities include surfing, rock climbing, bush craft and forest activities, hiking and moorland activities.

East Barnby offers a variety of courses, experiences and even qualifications working in partnership with the National Trust. Catering for small to large groups of all capabilities and ages, they can get you into the great outdoors of the North York Moors. Contact for advanced bookings and courses available.

Open all year round.

## **Flow Surf**

Windsor Road Saltburn TS12 1AT

**Contact:** Richie Mitchell

**Email:** [richie@flowsurfcoaching.com](mailto:richie@flowsurfcoaching.com)

**Website:** [www.flowsurfschool.com](http://www.flowsurfschool.com)

Offering surfing lessons, boards and equipment to all ages and abilities from a qualified instructor either at Saltburn, or at any of the beaches in the area with their mobile facilities.

Flow Surf has taught over 8,000 people to surf since 2008, including individuals of all ages and abilities, school groups, stag parties and groups with learning difficulties. Anybody can learn as long as they are over 8 years old and can swim. For the more adventurous you could make use of their film coaching to improve your technique. Flow Surf also run the Drift Surf shop in Saltburn for all your surfing and beach accessories. Contact for lesson information, weather and swell reports.

Open all year round.

### **Hidden Horizons**

Based in Scarborough but mobile along the coastline

**Contact:** Will Watts

**Email:** [will.watts@hiddenhorizons.co.uk](mailto:will.watts@hiddenhorizons.co.uk)

**Website:** [www.hiddenhorizons.co.uk](http://www.hiddenhorizons.co.uk)

From rock-pooling trips, to fossil hunts and dinosaur walks, they have something for all the family. Offering regular events along the coast, private bookings and school trips.

Take a trip to the North York Moors Coast and discover fossils and even dinosaur footprints over 190 million years old preserved in the coastal rocks. Learn about the Jurassic world of the region and extinct sea creatures. Expert guides will show you how to spot fossils and show you some buried treasures.

All live events are on the website (with booking details). Contact for special events or party bookings.

### **Large Outdoors**

Walking and hiking holidays across the region

**Contact:** Gareth Williams

**Email:** [gareth@largeoutdoors.com](mailto:gareth@largeoutdoors.com)

**Website:** [www.largeoutdoors.com](http://www.largeoutdoors.com)

Providing guided walking and outdoor activity events and holidays for adults of all abilities and ages, where the f-factor ('f' for fun) is ever-present.

Qualified guides will take you on a walking and hiking trip with a difference, throughout the region. A sociable experience that could involve a variety of activities including fishing, kayaking or surfing or just visiting the best local tea and cake shops. Large Outdoors work with local accommodation and experience providers so there will be a walk to suit everyone.

All live events are on the website (with booking details).

### **National Trust (Ravenscar)**

Visitor centre Ravenscar and along the coastline.

**Contact:** Zoe Frank

**Email:** [zoe.frank@nationaltrust.org.uk](mailto:zoe.frank@nationaltrust.org.uk)

**Website:** <http://www.nationaltrust.org.uk/yorkshire-coast/whats-on>

For visitor centre opening times, walks, events or information on the history of the coastline the National Trust offers a variety of information to visitors.

Use the website link to see “what’s on” from nature and history guided walks to craft events or cycling and kayak adventures. National trust rangers will introduce visitors to rock pools, hay meadows and geocaching along the Cleveland Way along with a variety of other events.

All live events are on the website (with booking details).

### **Real Staithes/All My Sons**

Staithes Harbour

**Contact:** Sean Baxter

**Email:** [sean@realstaithes.com](mailto:sean@realstaithes.com)

**Website:** <http://realstaithes.com>

Real Staithes for foraging, fossils fish and fun... Experience the “Real Staithes”, with day courses giving you the chance to explore a wild and powerful place.

Real Staithes offer mackerel-catch-cook-consume trips, where you can learn to catch your supper, clean it and cook it fresh out of the sea. Coastal foraging days will show visitors how to use the coastlines bounty of natural offering to cook and create some different and healthy meal alternatives. Visitors can learn about the regions fishing and cultural heritage, shipwrecks, smugglers and fossils are also covered in their events.

Fishing trips, and shoreline events can be found on the website (with booking details)..

### **Valley Adventures**

**Contact:** Simon Palmer

Saltburn Valley Gardens

**Email:** [s.palmer12@ntlworld.com](mailto:s.palmer12@ntlworld.com)

**Website:** [www.valley-adventures.com](http://www.valley-adventures.com)

Offering outdoor adventure activities including archery, stand up paddle boarding, surfing, rock climbing, abseiling and team building.

Valley adventures give visitors the opportunity to explore Saltburn valley gardens, from river, gorge to beach and sea. Lean survival skills with qualified instructors ensuring you have the wilderness skills to eat, find water, hunt and orientate yourself or take part in an adrenaline filled activity like rock climbing or the new “I’m a Survivor get me out of here” adventure rope challenge.

Courses for individuals and groups can be found on the website. Contact for availability and specific course options.

### **Yorkshire Coast Nature**

Throughout the National Park

**Contact:** Richard Baines, Steve Race

**Email:** [richard.baines@yorkshirecoastnature.co.uk](mailto:richard.baines@yorkshirecoastnature.co.uk)

[steve.race@yorkshirecoastnature.co.uk](mailto:steve.race@yorkshirecoastnature.co.uk)

**Website:** [www.yorkshirecoastnature.co.uk](http://www.yorkshirecoastnature.co.uk)

Top class wildlife safaris led throughout the National Park, local experts will ensure that time is spent with each person and the group's size does not affect or damage the wildlife.

From snakes and butterflies to birds of prey and whales Yorkshire Coast Nature can show visitors it all. You can design your own safari or sign up to one of their current events. If you have ever wanted to learn about the wildlife within the region or get some tips of wildlife photography then this is the experience for you.

Tours for individuals and groups can be found on the website. Contact for availability and specific tours options and availability.

### **The Wild Woodsmen**

Cloughton area.

**Contact:** Jamie Moffitt

**Email:** [thewildwoodsmen@gmail.com](mailto:thewildwoodsmen@gmail.com)

**Website:** [www.wildwoodsmen.co.uk](http://www.wildwoodsmen.co.uk)

Here is your chance to reconnect with the land and our history. Learn basic wilderness skills, modern survival, natural art and wilderness treks for all ages.

This is your chance to come into close contact with nature along our stunning coastline. Whether you take a half day coastal foraging course or animal tracking and trapping there is something for everyone. For the more adventurous sink back into your ancient past and survive with the experts for 4 days in the woods putting your new skills to good practice.

Check out the website for courses available and dates or contact via the email address with specific requirements and group sizes.

### **Walks and Tours**

#### **Baytown Robin Hoods Bay**

**Contact:** Paul Johnson

**Email:** [paul@baytownrhb.com](mailto:paul@baytownrhb.com)

**Website:** <http://baytownrhb.com>

Would you like a taste of Smuggling in Robin Hood's Bay? Hear about the Bay's smuggling past, with shipwrecks, highwaymen, customs men and the navy all playing their part.

Spend an hour visiting the narrow streets of Robin Hoods Bay listening to tales of smugglers hideaways, secret tunnels and dark tales of murder. Learn about the myths and smuggling legends that have been part of this fishing village for hundreds of years. The relax and enjoy a selection of Baytown beers, ciders and spirits, brewed to celebrate the villages smuggling past.

Visit the website for upcoming walks and tours and Baytown products available either online or via local pubs and shops.

**Fylingdales Moor** (managed by the Hawk and Owl Trust)

Park for free at Ravenscar transmitter mast (NZ970012)

**Contact:** Tanya Eyre

**Email:** [tanya.eyre@hawkandowl.org](mailto:tanya.eyre@hawkandowl.org)

**Website:** [www.hawkandowl.org/fylingdales](http://www.hawkandowl.org/fylingdales)

Paths in wonderful open moorland, with photo inspiring views of the coast. Please see our website for maps for self guided routes, or the events tab for guided walks/events.

As a conservation moor, the national conservation charity the Hawk and Owl Trust, manages Fylingdales for biodiversity. So don your walking boots, if possible a pair of binoculars, and enjoy that liberating feeling of being in open countryside.

In April and May listen out for the haunting call of curlews returning to breed. Look out for caterpillars year round, butterflies in June-August, and enjoy the spectacle of purple blooms of heather at their peak during the summer holidays. You might be rewarded with the sight overhead of a buzzard circling on a thermal, or the seemingly rocket propelled merlin flying low as it hunts over the heather- Britain's smallest falcon.

### **Cleveland Ironstone Museum**

Skinningrove

**Contact:** Graham Banwell

**Email:** [visits@ironstonemuseum.co.uk](mailto:visits@ironstonemuseum.co.uk)

**Website:** [ironstonemuseum.co.uk](http://ironstonemuseum.co.uk)

Cleveland Ironstone museum celebrates the "land of Iron", learn how the industrial past has not only shaped our landscape but built the railways across Africa and the Sydney harbour bridge.

The museums local experts run a series of walking events around the village, beach and surrounding areas showing visitors of all ages the legacy of the past industries. This is the perfect opportunity to learn about fossils, alum and ironstone mining and how the industrial revolution of the North East shaped the world.

Visit the website for any upcoming walks and events and opening times.

### **Cleveland Way Partnership**

**Contact:** Malcom Hodgson

**Email:** [m.hodgson@northyorkmoors.org.uk](mailto:m.hodgson@northyorkmoors.org.uk)

**Website:** [www.nationaltrail.co.uk/cleveland-way](http://www.nationaltrail.co.uk/cleveland-way)

If you can't decide whether you prefer dramatic coastline or heather moorland then the 110 mile long Cleveland Way is your perfect trail.

Use the website to plan your trail, find out about experiences, food and accommodation along the way to stop off at and enjoy the hospitality of the North York Moors National Park. You can even sample a pint of "Striding the Riding" the official beer of the Cleveland way, or sample some tea and cake after a hearty walk in the countries "Capital of Cake".

Open all year round.

### **Whitby Storyteller**

Whitby/Robin Hoods Bay

**Contact:** Rose Rylands

**Email:** [rose@whitbystoryteller.co.uk](mailto:rose@whitbystoryteller.co.uk)

**Website:** [www.whitbystoryteller.co.uk](http://www.whitbystoryteller.co.uk)

Walking with a difference, stories of the wild sea, shipwrecks, smugglers, dinosaurs and Dracula. Rose offers a variety of guided walks and storytelling experiences around the coast and moors.

Bring history, folklore and historical tales to life listening to Rose the "Whitby Storyteller". Visitors will learn about the dark secrets of our smuggling past, you will step back in time to discover a world of seafaring, exploration and shipwrecks or learn about Whitby the town that inspired Bram Stoker to write Dracula.

Tours for individuals and groups can be found on the website. Contact for availability and specific tours options and availability.



